
EUROPEAN FOOD IMPORT MARKET

Buckwheat Flour T85 Technical Data Sheet

1. General Information

• **Product Name:** Buckwheat Flour T85

• **Type:** Buckwheat flour

• Category: Food

• Appearance: Fine light brown to grayish powder

• **Odor:** Mild, characteristic of buckwheat

• Taste: Slightly nutty, with a more pronounced buckwheat flavor

• Origin: Buckwheat grown in Ukraine

• Milling Type: Cylinder milling

• **Brand:** EFI Market

• Weight/Quantity: Available in 1 kg, 2 kg, 5 kg, 10 kg, 25 kg, 40 kg, 50 kg bags

• **Shelf Life:** 12 months from the date of manufacture

• Storage Conditions: Store in a cool, dry place, away from moisture and heat sources.

2. Packaging

• Available Formats: 1 kg, 2 kg, 5 kg, 10 kg, 25 kg, 40 kg (paper bags) / 50 kg (plastic bags)

• Packaging Type: Kraft paper or polyethylene bags

3. Composition

• **Ingredients:** 100% Buckwheat flour

• **Ash Content:** Maximum 0.85%

• **Salt Content:** < 0.01 g per 100 g

• **Peanuts:** No peanuts

• Non-GMO: This product does not contain genetically modified organisms

• Allergens:

o **Present:** None

o May contain traces of: Soy, lupin, egg, milk

• **Processing Agents:** No flour processing agents are added (no bleaching or improving agents)

• Additives: No artificial additives added

4. Nutritional Characteristics (per 100 g of product)

• Energy: Approximately 330 kcal (1380 kJ)

• **Fats:** 3.3 g

o of which saturated fatty acids: 0.6 g

• Carbohydrates: 65 g

o **of which sugars:** 1.4 g

• **Dietary Fiber:** 11.0 g

Proteins: 12.0 g**Salt:** < 0.01 g

• Vitamins:

o Vitamin B1 (Thiamine): 0.15 mg (12% of NRV)

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- o Vitamin B2 (Riboflavin): 0.07 mg (5% of NRV)
- **Vitamin B3 (Niacin):** 1.6 mg (10% of NRV)

• Minerals:

o **Calcium:** 20 mg (2% of NRV)

o **Iron:** 2.4 mg (17% of NRV)

Magnesium: 68 mg (18% of NRV)
Phosphorus: 115 mg (16% of NRV)
Potassium: 230 mg (12% of NRV)

5. Instructions for Use

• **Main Uses:** Suitable for pancakes, crepes, breads, and as a gluten-free alternative in baking.

• Recommended Proportions:

- o **Pancakes/Crepes:** 500 g of flour for 750 ml of water or milk, 10 g of salt
- **Bread:** 250 g of flour, 250 g of wheat flour, 10 g of salt, 20 g of baker's yeast

• Preparation:

- 1. Sift the flour before use to avoid lumps and ensure an even texture.
- 2. Mix the flour with other ingredients according to the recommended proportions.
- 3. Knead the dough until the desired consistency is achieved.
- Cooking Time: Varies according to the recipe, generally between 180°C and 220°C for 15 to 45 minutes.
- Storage Tips: Seal the bag tightly after each use to avoid moisture and contamination.

6. Safety and Hygiene Standards

• Compliance:

- o Complies with current European regulations on cereal products.
- o Certified according to ISO 22000.

• Hygiene:

- o Handle with clean hands and in a sanitary environment.
- Store under hygienic conditions, away from moisture, pests, and contaminants.
- Avoid cross-contamination with other food products.

• Safety:

- o **Inhalation:** Avoid inhaling flour dust, especially in large quantities.
- o **Eye Contact:** In case of contact, rinse immediately with clear water.
- o **Packaging:** Ensure packaging is intact before use to prevent contamination.
- Waste: Dispose of empty packaging according to local waste management regulations.

7. Supplier

- Company Name: S.A.S Petit Prince de Vendée
- **Brand Name:** European Food Import Market
- Address: 2 bis rue Saint-Benoît, 85190 Aizenay, France
- **Contact:** +33 7 88 81 14 09